

LUXEVACA

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LAKE TAHOE

Experience the unknown of the magic of
the bottomless Lake Tahoe, an area
surrounded by crystal clear water ,
stunning bays, sharply jagged peaks,
and snow- covered ridges. .

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The Top 10 Best Summer Adventures in Lake Tahoe

Lake Tahoe is a summer sports lover's haven. In one summer, day you can do a round of golf in the morning, para-sail at noon, and enjoy a jet ski tour around the lake at sunset. While winter brings many adventurers to Lake Tahoe for the skiing and boarding, the summer has even more adventure sports to take advantage of: on the water, land, and in the sky



1. Stand Up Paddling SUP - Lake Tahoe Basin

One of the hottest sports in Lake Tahoe is also one of the easiest to learn. Stand Up Paddle boarding consists of standing on a large, surfboard and using a long paddle to push yourself through the water. This type of sport is best done in calm water, but it's a great way to get around the lake and see the views. Companies like South Tahoe Stand up Paddle and Kayak Tahoe offer paddleboard rentals as well as guided tours. Kayak Tahoe even has a Paddle School where you can learn to SUP if you are new to the sport.

Hot Tip: SUP is a great core and arm workout, and they are easy to transport and launch almost anywhere.

Contact:South Tahoe Standup Paddle | (530) 416-4829 <http://southtahoesup.com>.

Contact:Kayak Tahoe | (530) 544-2011 <http://www.kayaktahoe.com>



2. Hot Air Balloon Ride over Lake Tahoe - South Lake Tahoe

Get a birds-eye view of the lake and the mountains from a hot air balloon. Located in the Tahoe Keys, Lake Tahoe Balloons offers sunrise rides over South Lake Tahoe that launch from a platform in the middle of the water. The one-hour flights rise approximately 10,000 feet above sea level giving you and your family unparalleled views of the Lake and the Sierra Nevada. The cost for a ride is around \$300 per person and flights launch from May to October.

Hot Tip: A continental breakfast is served on the way to the balloon ride.

Contact: Lake Tahoe Balloons | (800) 872-9294
<http://www.laketahoeballoons.com>



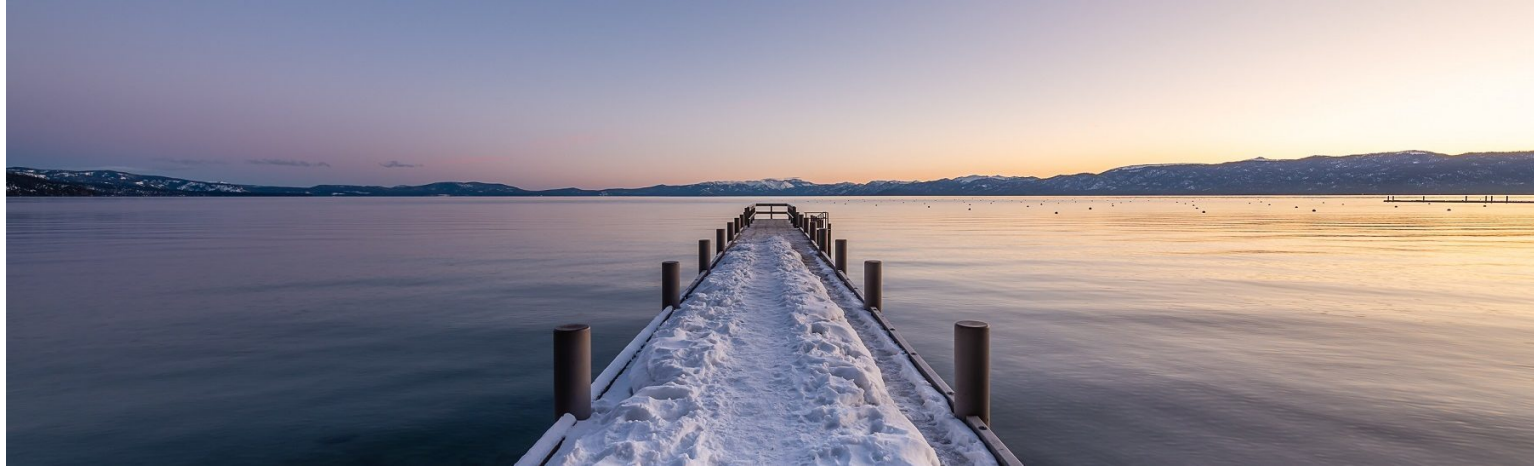
3. Ziplines and Tree Courses - North Lake Tahoe

The entire family will love the adventure of the North Tahoe Adventures Treetop Adventure Park. Various ropes courses and several 800 to 1,000 foot zip lines are available for all ages. Some of the courses are about 40 feet off the ground, but there are several courses for younger children that are only about 8-10 feet off the ground. The park is also available for larger groups and corporate events.

Hot Tip: You can design your own adventure at this ropes course, starting at \$35 per person. **Contact:** North Tahoe Adventures | (530) 581-7563

<http://northtahoeadventures.com>





4. Jet Ski Lake Tahoe

One of the most fun ways to see the lake is by jet ski. Tahoe sports in the Tahoe Keys and the Ski Run Marina offers rentals that start at \$85 per hour. Each of their jet skis are environmentally friendly, but fast. From their South Shore locations, you can be in Emerald Bay in a few minutes. Many of their jet skis fit 2-3 people and can carry supplies and lunch if you want to make a day of it.

Hot Tip: Jet Skis are a great way to visit the nooks and crannies and secret shores of the lake.

Contact: Tahoe sports | (530) 542-4000
<http://www.tahoports.com>

5. Horse Back Riding - South Lake Tahoe

See the lake and the mountains from the backroads. The Camp Richardson Corral has been offering horseback rides since the 1930s and has riding packages on their gentle horses. A 50-minute ride is around \$40 and a trail ride is around \$80. Most rides take you and your family up into the foothills around Fallen Leaf Lake where you can catch views of Lake Tahoe and South Lake Tahoe. If you want some extra time on the trail, check out their Pack Trips into Desolation Wilderness.

Hot Tip: The Corral also offers an easy ride near the lake followed by a western style steak BBQ.

Contact: Camp Richardson Corral | (877) 541-3113

6. Lake Tahoe Marathon! - Homewood to South Lake Tahoe



Love to run but Boston seems so far away. You will love this annual October event set up to maximize the Lake Tahoe scenery along the route! Starting in Homewood, it winds along trails and roads through Emerald Bay to South Shore. Aside from a fun, whacky crew of local and visiting participants, you will love the beautiful views and fresh air along the way. Boston will not do that for you!

TAHOE



L7. Hang Gliding - Glenbrook

Soar with the birds above the mountains in a tandem hang glider and Thermal Sky Sports. This ultimate rush offered by takes off from the Mount Rose summit and lands in Washoe Valley, about 8,000 feet below. Your tandem guide will fly you above the mountains and valley for about 15-25 minutes and may even let you take over the controls. You will need to run off the side of the mountain, so good physical health is needed to enjoy this thrilling sport.

Hot Tip: You can pay a bit extra to have Thermal Sky Sports take photos or video of your glide.

Contact: Thermal Sky Sports |
775-391-5133

<http://www.thermalskysports.com>

8. Mountain Biking - Lake Tahoe Basin

Being in the Sierra Nevada, Lake Tahoe is one of the world's best mountain biking areas. The views from the famous Flume Trail alone are enough to get you onto a mountain bike. There are dozens of trails for all levels and the friendly people at Flume Trail Rentals will outfit you for these trails. For around \$60 a day you can get all the gear (bike, helmets, pads) and shuttle rides to and from the Flume Trail on the East side of the lake.

Hot Tip: The NorthStar California resort near Truckee has a bike/hike park with

The Top 10 Beginner Hikes in Lake Tahoe



The Lake Tahoe Basin overflows with hiking trails for all levels. Breathtaking scenery beyond the roadway can be yours with relative ease. Whether you're in the mood for a leisurely stroll to a small lake, or need to get your teenagers off their iPads and into the fresh air, you'll find easy access to hiking trails everywhere in Lake Tahoe. Some of the best beginner trails listed here are fairly short (less than five miles), and lead to open vistas that are great picnic spots. Depending on your energy level, you can also tie into other trails to extend your stroll into an epic day! So lace up those boots, grab some snacks, and head for the hills!



1. Frog Lake, Winnemucca & Round Top - South Lake Tahoe

If you have small children, they will enjoy the one mile hike from the Carson Pass near South Lake Tahoe up to Frog Lake. If you have older children, take them another 1.5 miles up to Winnemucca Lake or even

Both of these lakes are good for picnics, wildlife and wildflower viewing and even a brisk summer swim.

Hot Tip: If your teens or the rest of the family are up for it, a very popular view is to the top of Round Top (over 10,000 feet) for a view of the entire Carson Iceberg Wilderness. Dogs are allowed on leash.

Directions: From South Lake Tahoe take Highway 89 to Highway 88 and turn right. Go toward the Carson Pass and park at the Carson Pass ranger station (parking fee required). The trail to all three lakes starts at the top of the pass.

2. Spooner Lake Loop - Glenbrook

This hike is an easy one that is great for families with small children and older folks too. The gentle 2.1 mile loop is well maintained and follows Spooner Lake and provides nice views and several Aspen groves. Nice for fall colors as well.

Hot Tip: Hike farther up into the hills to view some snowshoe and XC ski cabins that can be utilized in the winter.

Directions: Drive to Spooner Summit on Highway 50, turn north onto Highway 28 near the top. Less than a mile on the right will be the Nevada State Park. The lot has a parking fee.





HIKING

3. Eagle Falls Trail - South Lake Tahoe

As one of the most popular short hikes in the South Tahoe area, Eagle Falls can be crowded on summer weekends. Start out early in the morning on this trail at the top of Emerald Bay and hike about a quarter of a mile up to the falls. There is a small pool to bathe in at the top of the trail. If you want to continue on into Desolation Wilderness, you will need a day permit (obtained at the trailhead).

Hot Tip: You can get a great view of Emerald Bay if you hike up a bit further toward Eagle Lake. The Parking area here fills up fast on weekends too but is a great place to score a spot to access

several of the area's best features like Emerald Bay.

Directions: From South Lake Tahoe, take Highway 89 toward Emerald Bay. The trailhead for Desolation Wilderness and the falls is on the left hand side as you are heading toward the West Shore.



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4. Stateline Fire Lookout Trail - North Lake Tahoe

Another good, short hike for kids, this trail on the North Shore starts out as a fire road and then turns into a paved road at the top of the lookout. The lookout area has informational placards about the Tahoe area and views of the entire North Shore.

Hot Tip: This trail is a bit difficult to find at first, but ask any local about it.

Directions: From Crystal Bay, turn up Reservoir Road near the Tahoe Biltmore Lodge then turn right at the firehouse. Continue up the hill until you reach a point where a steeper U.S. Forest Service road doubles back to the left above you. Follow this for a quarter mile beyond the green metal gate to the parking lot.

5. Tahoe Meadows Interpretive Loop - North Lake Tahoe

This is one of the only trails in the mountains that is handicapped accessible. It's a flat, gentle, level trail that is also perfect for very young children. Tahoe Meadows is on the Mount Rose Highway summit, and is only 1.2 miles through granite boulders, pines and streams. There are views of the surrounding peaks and of the lovely Lake Tahoe glittering in the distance.

Hot Tip: This trail also has restrooms that are open all year.

Directions: From Incline Village, head up Highway 431 up to the Mount Rose Summit. The trail is 1/2 mile southwest of the summit on Hwy 431. There is parking on the side of the road and at one small parking lot, Look for sign for Tahoe Meadows Interpretive Trail.

6. Loch Leven Lakes Trail - North Lake Tahoe

The hike to these alpine lakes near Highway 80 is a little bit of a challenge for children and beginners, but you will reap the rewards at the top of this 8 mile round trip hike with sparkling little clear gems to take in. Or... if you've worked up a good lather, all three lakes at the top of this trail are wonderful for summer swimming. Go ahead, Jump!

Hot Tip: Take the entire day to do this hike and bring a lunch.

Directions:Take Interstate 80 toward Sacramento and get off on the Big Bend Exit between exit 166 and 168. The parking lot is 1/8 mile east of the Visitor Center and the trail is across the road.

This short, but beautiful hike in the Mokelumne Wilderness near the Carson Pass is another hidden gem. The easy 2.5 mile trail will take you through meadows, over creeks and up granite hillsides before dropping you into a small valley where Lake Margaret tempts you with swimming holes and shade.

*Hot Tip: The end of the trail can be a bit confusing and you may get turned around. Ask any hiker coming back from the lake how to access the last part.***Directions:**From South Lake Tahoe take Highway 89 to Highway 88 and turn right. Take Highway 88 past Kirkwood and the trailhead will be just past the Kirkwood gas station on the right hand side

8. Shirley Lake Trail - West Shore

This 4 mile hike in the Squaw Valley area is a nice training hike for older children and teens and takes about half a day. The trail takes you through a mountain canyon past waterfalls and granite peaks to the pretty Shirley Lake. This trail may sometimes meander a bit, so remember the general rule is to keep the creek on your left side and follow it down until you arrive at the base of the mountain.

Hot Tip: After the lake, hikers can either hike back up to High Camp and ride the Aerial Tram back down to Squaw Village.

Directions:In Squaw Valley, pick up the trail at either the Shirley Lake trailhead or the Solitude trailhead.

9. Donner Lake Rim Trail - Truckee

This easy stroll around Donner Lake near Truckee is great for children and the elderly, and features great views of the lake, the Rainbow Bridge and the mountains. The trail follows a counterclockwise way around the lake and takes you into the pine forests that surround it.

Hot Tip: Visit the memorial museum at the trailhead to learn more about the ill-fated Donner Party.

Directions:From old downtown Truckee, take the Lincoln Highway (Donner Pass Road) to Donner Lake. The Donner Lake Memorial is on the east side of the lake.

10. Lam Watah Trail - Glenbrook

This little known 2.2 round trip trail near Zephyr Cove is another easy hike for children and ends at Nevada Beach providing you quick access to some great swimming as well.

Bert's

1146 Emerald Bay Rd

South Lake Tahoe, CA 96150



Maria's Mexican restaurant

2494 Lake Tahoe Blvd

South Lake Tahoe, CA 96150

Kalanis's Hawaian,

01 Heavenly Village Way

Ste 26

South Lake Tahoe, CA 96150

SNO FLAKE (Meyers) Drive IN

3057 Lake Tahoe Blvd, South Lake Tahoe, CA,
96150





TASTE of EUROPE

T4125 Lake Tahoe Blvd

Ste H

South Lake Tahoe, CA 96150

SCUSA ITALIAN RISTORANTE

2543 Lake Tahoe Blvd

South Lake Tahoe, CA 96150



Himmel Haus, German Beer Bar 4.5 stars

3819 Saddle Rd

South Lake Tahoe, CA 96150

Coldwater Brewery and Beer

2544 Lake Tahoe Blvd

South Lake Tahoe, CA 96150



Off the Hook

Located in:

Town & Country Shopping Center

2660 Lake Tahoe Blvd

Ste E

South Lake Tahoe, CA 96150

GASTROMANIAC

Homemade Pasta and Pittza

3091 Harrison Ave

Ste 120

South Lake Tahoe, CA 96150

The Nevada side

Chart House

392 Kingsbury Grade

Stateline, NV 89449

Sage Room

Located in:

Harvey's Lake Tahoe -

18 Hwy 50

Harveys Resort & Casino

Stateline, NV 89449

Jimmys

Landing Resort & Spa

4104 Lakeshore Blvd

South Lake Tahoe, CA 96150

Capisce reaturant

178 US Hwy 50

Ste A

Zephyr Cove, NV 89448

Gordon Ramsay

Hell's Kitchen

Lake Tahoe, NV

Located in: 1001 Heavenly Village Way

Ste 50

South Lake Tahoe, CA 96150

Brooks Bar and Deck

100 Lake Pkwy

Stateline, NV 89449

Stateline, NV 89449

EDGEWOOD

100 Lake Pkwy

Stateline, NV 89449

THE ICE SHACK ICE CREAM

HOMEMADE

900 Ski Run Blvd

South Lake Tahoe, CA 96150

THE LOFT

THE NORTH SHORE

Lone Eagle Grille

111 Country Club Dr, Incline Village, NV 89451

Trokay

10046 Donner Pass Rd, Truckee, CA 96161

West shore Cafe

5160 W Lake Blvd, Homewood, CA 96141



Big Water Grille

341 Ski Way, Incline Village, NV 89451

Azara's

930 Tahoe Blvd, Incline Village, NV 89451



Bite American Tapas

907 Tahoe Blvd, Incline Village, NV 89451

Le Bistro

120 Country Club Dr # 29, Incline Village, NV 89451

Bars

